



LAFAYETTE
COMMUNITY
FOUNDATION

Enhancing Life, Culture and Community...Together

12th Annual

Senior Symposium

October 2, 2021 | 8:30 AM to 12:00 PM

AGENDA

- 8:30** **Welcome, Sereta Churchill, LCF Board of Director**
- 8:45** **Introductory Remarks by Honorable Susan Candell, Mayor of Lafayette**
How Lafayette serves as a model for dispensing senior services that assist the elderly in maintaining their independence throughout the aging process
- 8:55** **Jim Scala, PhD, Senior Symposium Host**
- 9:00** **Alan Brast, PhD, Clinical Director, Comprehensive Wellness**
Navigating past the pandemic – an emotional and psychological perspective for the aging community of Lamorinda
- 9:45** **John Swartzberg, MD, Clinical Professor Emeritus, UC Berkeley School of Public Health**
Covid-19 and the delta variant – what seniors can expect looking forward and how they can keep themselves safe
- 10:30** *Break*
- 10:40** **Taylor King, Fire Inspector, Contra Costa County Fire Protection District**
How the elderly can protect their homes from wildfires using vegetation management, defensible space, home hardening, and steps outlined in the NFPA Firewise USA® public education program
- 11:10** **LeAnn Blankenship, MD, Medical Oncology & Hematology, Epic Care**
Dr. Blankenship will discuss medical issues every senior needs to know
- 11:30** **Karen Hinojosa, Contra Costa County Legal Services**
How to recognize and prevent senior scams, fraud, identity theft, and elder abuse, and what to do if you suspect you're a victim
- 11:50** **Closing Remarks, Sereta Churchill**



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