

OUR MISSION

The Community Foundation of Lafayette helps connect generous and dedicated donors with local causes by supporting nonprofits, programs and projects that promote and enhance the civic, cultural, educational and general well-being of Lafayette and surrounding Communities.

Formed in 1999, the Community Foundation of Lafayette began raising funds to build the Lafayette Library & Learning Center. It also wanted to do more by supporting community causes and expanding charitable giving in Lafayette. Even though the Community Foundation was working hard to fund raise for the new library, eventually raising over \$12.5 million and creating a new organization to run the library, it also gave grants to small local nonprofits that very same year. To date, the Community Foundation has given more than \$1 million to fund its annual Excellence Grants and Donor Advised Gifts. To learn more about the Community Foundation, please visit www.lafayettecf.org.

The Community Foundation has provided more than \$100,000 to senior projects, including Meals on Wheels Diablo Region, Lamorinda Village and funds for air conditioning at the Lafayette Community Center which offers many senior programs. It also supports organizations such as the Food Bank of Contra Costa and Solano because our seniors use their services, Lamorinda Adult Respite Center (LARC), Lamorinda Spirit Van and Ombudsman Services of Contra Costa County.



SENIOR SYMPOSIUM COMMITTEE

CHAIR

Randall Whitney

MEMBERS

Rhonda Andronico, Diane Barbara

Susan Candell, Judy Carney

Jill Douglas, Carol Federighi

Debbie Hauser, Bonnie Ramm

WE APPRECIATE ONLINE DONATIONS

Visit www.lafayettecf.org
Community Foundation of Lafayette
P.O. Box 221
Lafayette, CA 94549

COMMUNITY FOUNDATION OF LAFAYETTE PRESENTS

13th Annual Senior Symposium

Thriving in the Golden Years



COMMUNITY FOUNDATION
OF LAFAYETTE
ENHANCING LIFE, CULTURE AND COMMUNITY...TOGETHER

Saturday, September 10, 2022 | 8:30 AM to Noon | Acalanes High School

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PROGRAM



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IN LOVING MEMORY: DON JENKINS & DICK HOLT



The Community Foundation of Lafayette recently lost two very special friends and former Board of Director members, Don Jenkins and Dick Holt. Not only were both men instrumental in shaping the Community Foundation into what it is today, but they led by example and greatly influenced the Foundation's mission through their passion for service and commitment to improving the community.

As one of the founding members of the Community Foundation, Don served as past president and helped establish our annual Senior Symposium that lives on today, 13 years later. Don also established Lamorinda Village, recognized as a Community Foundation Grantee for

all the wonderful work it does providing seniors with the means to age in their own homes and communities with safety, dignity and independence.

Dick joined the Community Foundation of Lafayette's board in 2010 and became a hardworking board member-at-large. He was an active member of the organization and co-chaired, along with Don, our Senior Symposium committee.

One of Dick's important legacy projects on behalf of the Community Foundation was working with Rotary to build the Permanent Stage at the Lafayette Reservoir. Through a major fundraising campaign, the Community Foundation and Rotary brought the new Stage to fruition in 2012 for all to enjoy. A huge labor of love for Dick, he dedicated much personal time to overseeing the project, including rolling up his sleeves to help construct the Stage with fellow Rotarians.

Don and Dick were dedicated, involved and hardworking community members and beloved by all who knew them. Their service to local nonprofits and citizenry will be missed immensely and never forgotten.

8:30 AM **Registration and Resource Fair Opens**

9:00 **Welcome**
Cheryl Noll, Community Foundation Board President

Remarks
Mayor Teresa Gerring
Mike Thomas, CEO, John Muir Health

9:30 **Maintaining a Healthy Heart**
Dr. John Edelen, M.D.

10:00 **The 10 Signs: Early Detection Matters**
John Lucas and Patt Martin, Alzheimer's Association

10:30 **Refreshments**

Visit the Resource Fair

11:00 **Enriching Communication with Seniors Through Technology**
Jim Marggraff, Co-Founder and CEO, Kinoo

11:30 **Wellness and Nutrition As We Age**
Jim Scala, PhD, Nutritionist and Author

12:00 **Closing Remarks**
Visit Resource Fair One Last Time